

S.I.T. GRADUATE PROGRAM

Guidelines

- 1) S.I.T. graduates may continue to reside on the North Side as long as they and their advocate agree that this is beneficial for them. Their stay will be reviewed on a monthly basis. Requirements will include, but not be limited to, the following:
 - Graduates must be in compliance with their program.
 - They must be in compliance with North Side guidelines.
 - They must be in compliance with the following additional guidelines.
- 2) All S.I.T. graduates must be engaged in productive activity such as:
 - T-MAP
 - Full-time employment
 - Job search, supervised by the advocate

OR

 - Full-time detail assignment
- 3) S.I.T. graduates may continue to receive the maximum PNA to which they are entitled (\$75/wk) as long as they are engaged in full-time detail assignment, are in compliance with guidelines, and have no other source of income. Consideration for PNA will be reviewed by the advocate on a monthly basis.
- 4) S.I.T. graduates will be required to attend the following meetings:
 - Tuesday, 4:00 p.m. – Graduate Bible Study
 - Thursday, 4:00 p.m. – Fellowship or Men's/Women's Group
(with S.I.T. program members)
- 5) Graduates must continue in fellowship at the Bible-teaching church of their choice.
- 6) Graduates must continue to attend recovery meetings as required by their advocate.
- 7) Graduates must continue to save money, pay bills, and otherwise work toward permanent housing.

S.I.T. PROGRAM

(Servants in Training)

Mark 10:43

*...but whoever desires to become
great among you shall be your
servant.*

TRAINING TO SERVE IN THE
KINGDOM OF GOD

S.I.T. PROGRAM

Servants in Training

TOPEKA RESCUE MISSION LONG TERM OPTION 5 PROGRAM

If you could use your life's experiences to help someone else, would you? If the answer is "yes," please consider the following.

The Topeka Rescue Mission's long-term program is a spiritually-based one, with a significant emphasis and focus on a personal relationship with Jesus Christ and the principles and teachings of the Bible. The purpose of this program is training, teaching, and practical experience to prepare individuals for service to and for mankind, the body of Christ, the church, and the kingdom of God.

The S.I.T. Program is a 12-month progressive step program. Each month or step builds on the previous one. The goal is to help you develop spiritually, emotionally, physically, socially, and occupationally.

Today could be the first day of the rest of your life. Make Christ the focus of a life of service!

S.I.T. PROGRAM

WEEKLY BIBLE STUDY CURRICULUM

During your 12 months of the S.I.T. Program, you will be attending daily Bible study classes. Three days a week the study will be based on a series published by the Institute in Basis Life Principles entitled "Commands of Christ, the Curriculum of the Great Commission."

"He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him." John 14:21

What better way is there to set the course for your life than to focus on the instructions and commands of Jesus Christ himself. One command will be covered each week during your twelve month program.

The 49 Commands of Christ

Series One

- *Repent: *Matthew 4:17*
- *Follow Me: *Matthew 4:19*
- *Rejoice: *Matthew 5:10-12*
- *Let Your Light Shine: *Matthew 5:14-16*
- *Honor God's Law: *Matthew 5:17-18*
- *Be Reconciled: *Matthew 5:23-24*
- *Do Not Lust: *Matthew 5:28-30*

Series Two

- *Keep Your Word: *Matthew 5:33-37*
- *Go the Second Mile: *Matthew 5:38-42*
- *Love Your Enemies: *Matthew 5:43-45*
- *Be Perfect: *Matthew 5:46-48*
- *Give, Pray, Fast Secretly: *Matthew 6:1-18*
- *Lay Up Treasures: *Matthew 6:19-21*
- *Seek God's Kingdom: *Matthew 6:24-33*

Series Three

- *Judge Not: *Matthew 7:1-3*
- *Don't Cast Pearls: *Matthew 7:6*
- *Ask, Seek, and Knock: *Matthew 7:7-8*
- *Do for Others: *Matthew 7:12*
- *Choose the Narrow Way: *Matthew 7:13-14*

- *Beware of False Prophets: *Matthew 7:15-16*
- *Pray for Laborers: *Matthew 9:37-38*

Series Four

- *Be Wise as Serpents: *Matthew 10:16*
- *Fear Not: *Matthew 10:28*
- *Hear God's Voice: *Matthew 11:15*
- *Take My Yoke: *Matthew 11:28-30*
- *Honor Your Parents: *Matthew 15:4*
- *Beware of "Leaven": *Matthew 16:6*
- *Deny Yourself: *Luke 9:23*

Series Five

- *Despise Not: *Matthew 18:10*
- *Go to Offenders: *Matthew 18:15*
- *Beware of Covetousness: *Luke 12:15*
- *Forgive Offenders: *Matthew 18:21-22*
- *Honor Marriage: *Matthew 19:5-6*
- *Be Servant of All: *Matthew 20:26-27*
- *Be a House of Prayer: *Matthew 21:13*

Series Six

- *Ask in Faith: *Mark 11:24*
- *Bring in the Poor: *Luke 14:13-14*
- *Render to Caesar: *Matthew 22:20-21*
- *Love the Lord: *Matthew 22:37*
- *Love Your Neighbor: *Matthew 22:39*
- *Await My Return: *Matthew 24:42-44*
- *Take, Eat and Drink: *Matthew 26:26-27*

Series Seven

- *Be Born Again: *John 3:3,7*
- *Keep My Commands: *John 14:15*
- *Watch and Pray: *Matthew 26:41*
- *Feed My Sheep: *John 21:15-16*
- *Baptize My Disciples: *Matthew 28:19*
- *Receive God's Power: *Luke 24:49*
- *Make Disciples: *Matthew 28:19-20*

OTHER STUDY

Although this series will be the main focus of your studies while on the S.I.T. Program, there will be other topics and issues dealt with that will include recovery and addiction issues.

TWELVE STEPS

The Twelve Steps, developed originally by Alcoholics Anonymous, can be applied to any area of need in your life. We have personalized them and adapted them for use by Christian people dealing with a variety of personal issues.

These Twelve Steps should be considered as the first point of your goals each month. Those steps or goals are:

Step One: Admitted I was powerless over my sinful nature and that my life had become unmanageable.

Step Two: Came to believe that only the Lord Jesus Christ could transform my thinking and bring sanity to my life.

Step Three: Willingly consecrated myself to Him and beseeched Him to lead me into all truth and righteousness.

Step Four: Examined myself in a fearless and thorough manner in the light of God's Word and with the guidance of His Holy Spirit.

Step Five: With a repentant attitude, confessed my wrongdoings to God, to myself and to another human being so I might be held accountable in the future.

Step Six: Having recognized severe defects of character in my life, I prepared myself to have these defects removed, or minimized, and to have positive character qualities multiplied and magnified as I am conformed to the image of my Lord Jesus, the Christ of God.

Step Seven: Humbly sought the deepest possible cleansing the Lord could accomplish for me, recognizing that it is impossible to be cleansed by my own strength and ability.

Step Eight: Made a list of all those to whom I had caused harm and became willing to make amends to them all.

Step Nine: Made direct amends wherever possible except when to do so would cause injury to them or others.

Step Ten: Continued to examine myself on a daily basis and when I was wrong confessed it immediately and sought the cleansing and forgiveness only the Lord can provide.

Step Eleven: Sought through prayer, meditation, time in God's Word and fellowship with other believers to continue drawing ever closer to the Lord.

Step Twelve: Having had spiritual rebirth and awakening as a result of these steps I tried to carry this Good News to sinners everywhere and to continue to practice these principles in everything I do and all that I am.

CONCLUSION

With the components of study included in the program, the monthly goals, the one-on-one work with the participant's advocate, the help of relationships you have established in your local church, and your growing relationship with the Lord, we hope and pray that long-term success will be the reward for all those who complete this program.

*"Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."
II Timothy 2:16*

TOPEKA RESCUE MISSION
S.I.T. PROGRAM

SERVANTS IN TRAINING

TO SERVE IN THE
KINGDOM OF GOD

Mark 10:43 ". . . But whoever desires to become great among you shall be your servant."

**S.I.T. PROGRAM
Month Five Goals**

Participant's Name: _____ Review Date: _____

With a repentant attitude, confessed my wrongdoings to God, to myself, and to another human being so I might be held accountable in the future.

- *Do a self-evaluation of your performance on your detail assignment.
- *Review and discuss with your advocate your evaluation, comparing it with one done by your detail supervisor.
- *Continue Strategies for Success and/or Money Smart.
- *Do an "Interpersonal Relationship Evaluation." This is a written evaluation of your past relationships with the opposite sex, comparing how you think God would have you handle these relationships differently today.

* _____

* _____

COMMENTS:

S.I.T. SURVEY

Congratulations! You have successfully completed the Servants in Training Program. Please take the time to fill out and return this survey of the program. We would like your input and help for possible changes to this program.

1) Your overall opinion of the program: _____

2) What did you like most about the program? _____

3) What part of the program was the most help to you? _____

4) What did you dislike about the program? _____

5) What did you feel was the least help or benefit to you? _____

6) How do you feel the program has helped you in your walk with God? _____

7) If you could, what would you change about the program? _____

8) Any other comments? _____
